ACKNOWLEDGEMENTS: Thanks to all the talented walk volunteers who make this an enjoyable event. We appreciate the cooperation of Rick Brogan, manager at the German American Club, for their hospitality. Photos used in this brochure courtesy of Ann Plichta.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish, as well as at businesses and restaurants along the trail.

REFRESHMENTS: Water and hard candy are provided at the Start/Finish and Checkpoints. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



ADDITIONAL INFORMATION:

Ann Plichta Karen Plichta 508-965-6922 508-673-2374 amplic@comcast.net karenp53@verizon.net

DIRECTIONS:

From I-95 South:

- 1. Exit 36A toward US-6/East Providence/Cape Cod onto I-195 East.
- 2. **Exit 2B toward Barrington/RI-114S onto East Shore Expressway for 1.4 miles.
- 3. Continue on Wampanoag Trail (RI-114S) for 6.4 miles.
- 4. **LEFT** onto Kelly Street just before traffic light at Main and Water Streets.
- 5. Continue to end crossing East Bay Bike Path. Use caution; Kelly Street is narrow.

From Route 24 South:

- 1. Go to 79 South toward N. Fall River/Somerset.
- 2. Exit toward Rt-138/Somerset to US-6W.
- 3. **LEFT** at traffic light just past Stop & Shop (Brayton Point Road) to next traffic light at Rt. 103-W (Wilbur Ave).
- 4. **RIGHT** at traffic light to Rt 103-W.
- ***Continue on Rt. 103-W crossing into RI until traffic light at RI-114 (Main Street) approx. 7 miles.
- 6. **RIGHT** on RI-114.
- 7. **RIGHT** onto Kelly Street just past traffic light at Main and Water Streets.

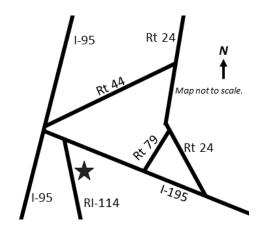
From I-95 North:

- Exit 36A toward US-6E/East Providence/Cape Cod onto I-195 East.
- 2. Follow from ** above.

From Route I-195 West:

- 1. Exit 10A Rt. 103 (Wilbur Ave).
- 2. Follow from *** above.

PARKING: In the lot.



Warren

Rhode Island

5km & 10km Walk Routes



sponsored by Walk 'n Mass Volkssport Club www.walknmass.org

AVA Special Programs:

Par-For-The-Course, Rails to Trails, Step to the Beat, Town Halls/City Halls, Walking with America's Veterans, Washington-Rochambeau National Historic Trail

Credit Only Event



Saturday, May 18, 2024

Start: 9:00 a.m. to 12:00 Noon



Event Number: NE 24/126848



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes in Warren, RI.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is

accomplished at your own pace along a marked 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed on the trail and clean-up laws apply, however pets are not permitted inside start area.

START/FINISH:

Warren German American Club 27 Kelly Street Warren, RI 02885

REGISTRATION/START TIMES:

Saturday, May 18, 2024 Register & begin walking between 9:00-12:00 Noon

FINISH TIME: by 3:00 p.m.

PARTICIPATION FEES: Participation fee is \$4.00 per person. Ask us about the IVV achievement program!

REGISTRATION PROCEDURE: Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at a checkpoint along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

AWARD: No award though IVV Credit is offered.

For those new to volksmarching, the IVV achievement program is an international system for tracking your walk (and other IVV sports) events as well as distances, and there are established milestones to recognize your achievements. Get an AVA New Walker packet at a great value at this event.

BRIEF HISTORY: The town of Warren was first settled by the Pokanoket Indians. In 1632 Europeans established a trading post in the area with a permanent settlement following in 1653. During the mid-18th century, Warren was recognized as a leading whaling port and ship building center. When that industry declined, Warren became known for its textile manufacturing in the mid-19th century.



Warren Town Hall

TRAIL DESCRIPTIONS: The 10km route is comprised of two 5km loops, a town loop and a bike path loop.

Town Loop: The route heads through the Warren Waterfront Historic District with a variety of architectural styles from the 19th century. It passes the oldest brick house in town, built in the 1750s. The route continues to Warren Town Beach and Main Street before passing by the Warren Armory (pictured on the cover), Warren Common with a veterans' memorial, and the historic Methodist Church.

Bike Path Loop: The loop is entirely on the East Bay Bike Path as it crosses over two bridges into Barrington. It passes by Police Cove Park and the Barrington Shopping Center before heading back to the finish.

Both loops are mostly flat and on paved surfaces for an AVA rating of 1A. Trail would be doable for strollers, but might be difficult for wheelchairs due to uneven pavement in places.



Bridge along East Bay Bike Path in Barrington



Oldest Brick House

More information on walk events and Walk 'n Mass Volkssport Club at:

www.walknmass.org