

## President's Corner

You may remember that early last year I was dealing with some health issues. I am still dealing with them, but I am doing so much better now than I was then. I just passed a major milestone. I walked my first 10K in almost 2 years! I really wanted to walk Roslindale and see the lilacs. You have to walk the 10K route to see them. I hadn't walked it since we held it as a Traditional event and I remembered how beautiful it was. I asked at the board meeting if anyone wanted to walk it with me on May 16. Marianne Marshall, our Group Walk Coordinator, set it up as a last-minute group walk and said she would walk it with me so I wouldn't have to walk by myself. We ended up being a group of 5! Anna and her daughter Rachel had walked it before and it was the first time for Patty. The lilacs were as amazing as I remembered! Honestly, everything was amazing. It was all new looking with that bright spring green. I made it to the visitor center with not too much trouble.



Mary Frink

by Mary Frink

I had thought to bring my walking poles, remembering that there were some big hills. The walk back was harder. I had forgotten about Peters Hill and it took a lot of effort to get to the top. I made it and the view was wonderful. Then came the hardest part, heading back to the library. One of the medications I take causes neuropathy and my feet were very unhappy with me at this point. My fellow walkers were so supportive and really looked out for me. I made it back to the library and eventually home where I collapsed on the sofa, put my feet up, and promptly fell asleep with my cat cuddled up next to me. Many thanks to Marianne, Anna, Rachel, and Patty for getting me through my first 10K. They waited for me when I couldn't walk fast and gave me lots of encouragement when I was having trouble. I'm not sure I'll walk a 10K again for a bit, but it's nice to know I can.



Anna Walther

## Come Friends, Let's Walk

- ❖ Saturday, May 30  
Group Walk:  
Sandwich  
10:00 am
- ❖ Saturday, June 6  
Group Walk:  
Wickford, RI  
10:00 am
- ❖ Saturday, June 13  
Group Walk:  
Bristol, RI 10:00 am
- ❖ Saturday, June 13  
Group Walk:  
Norfolk, CT  
10:00 am (CVVC)
- ❖ Sunday, June 28  
Group Walk:  
Boston Special  
Places 9:00 am
- ❖ Monday, June 29 &  
Tuesday, June 30  
Group Walk:  
Oak Bluffs [time  
details on page 4]

See club or AVA website for starting location details on these events. For group walks, please aim to arrive 15 minutes earlier to sign-in.



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# Thanks Weston Volunteers

by Marianne Marshall

No day event could be accomplished without the help of many. The bonus is Mother Nature when she provides a rain-free day with mild temperatures. It was warm enough that we were able to set up the Start/Finish outside which meant we had a good opportunity to talk with visitors to the library to fill them in on volksmarching. Many thanks to the following people who ensured the walk in Weston on Saturday, April 25, ran smoothly: Liz, Rayna, Nico, and Priya Ahluwalia; Diane Bucher; Charlie Conway; Margo Craven; Sara Derstine; Carol Ann Dorer; Mary Frink; Carol Giesecke; Cary Greenberg; Bea Hait; Keith and Dawn Harlow; Joanne Izbicki; Bev Lange; Ann Plichta; Karen Plichta; Janet Razulis; Sharon Stumpf; as well as Brian and Patty Timmons.



Beate Hait

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The NEXT Northeast Region Weekend:

# Rhode Island Stroll with Trolls

Coming in Fall 2028



Two Dambo Trolls in Ninigret Park, Charlestown, RI  
*Erik Rock and Greta Granite* with Luiza and Bob McDougall



Dambo Troll on East Bay Bike Path  
East Providence, RI  
*Mrs. Skipper*

And more!

Sponsored by Walk 'N Mass Volkssport Club

## May Meeting Highlights

**Meeting held May 4, 2026 in Franklin, MA.**

**Boston Castle Island — Aug 28 & 29:**

- Pre-registrations coming in.
- Keeping an eye on current and future expenses.
- Draft Castle Island route directions and maps to be proofed.

**Walk Coordinator:**

- Weston: 33 participants. Income \$100, expenses \$113.75; event lost \$13.75
- First quarter season/yearly reports reflect total of 66 participants.
- Wandering Wheels, Ohio to walk in Hyannis, Provincetown, Oak Bluffs, Concord (NH), and Concord (MA) in September.

by Marianne Marshall

- Early thinking on a “Stroll with Trolls” would include walks in East Providence, Charlestown, Exeter, and N. Kingston, Rhode Island in fall 2028.
- Need 2026 events.

**Upcoming Club Meeting:**

Next meeting Monday, June 1 at 6:30 pm at the Stop & Shop in Franklin.



# Bulletin Board

**Next Club Meeting  
Monday, June 1**

6:30 pm

Stop & Shop  
40 Franklin Village Drive  
Franklin, MA 02038  
Up the stairs past  
Customer Service Desk

## June Group Walks in Maine with SMVA

**\*\*Please RSVP to Denise at 207-245-8233 so they know who plans to come.\*\***

On **Saturday, June 6**, join SMVA for a group walk of their **Portland Waterfront** route. Meet Denise ahead of the **10:30** walk start to register.

On **Saturday, June 20**, SMVA heads to **Falmouth, ME**. Meet Denise ahead of the **10:30** walk start to register.

## Newsletter Submissions to:

footnotes.editor@gmail.com

Deadline for next issue: June 21st

Note: there is no club meeting in July

On **June 29 and 30**, take either the 8:45 or 9:30 **morning ferries from Woods Hole to Oak Bluffs**. I will be inside the Visitor Center on the dock **in Oak Bluffs at 9:30 and at 10:15** (arrival time of ferries) with registration sheets and route directions. People can walk on their own or with others depending on personal preference. --Bea Hait

## Pictures from Northeast Region Weekend

by Beate Hait

Top row: photo op at the dinner in Lake George, NY:

Ann Plichta, Karen Plichta, Beate Hait, Bev Lange;

Joe, Barbara, and Kathryn Piffat



Bottom row: Susanne Laundry and Joan Hartnett-Barry in Schuylerville, NY;

Bev Lange and Cindy Gray in Schuylerville, NY;

Bev Lange with the Champlain Bridge in Crown Point, NY

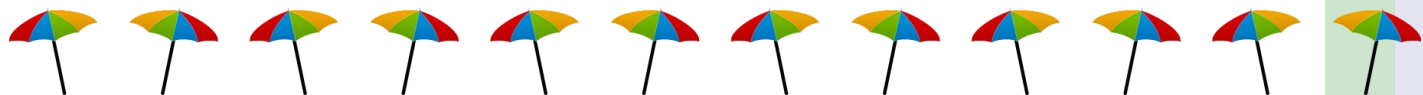


# Summer Word Search

by Monica Hait



- Barbecue
- Baseball
- Beach
- Bikes
- Camping
- Cape Cod
- Fireflies
- Fireworks
- Fourth of July
- Fun
- Heat wave
- Hot
- Ice Cream
- Iced Coffee
- Iced Tea
- Juneteenth
- Lemonade
- Ocean
- Pool
- Popsicle
- Reading
- Sand
- Strolls
- Sunglasses
- Sunscreen
- Surf
- Swimming
- Swimsuit
- Thunderstorm
- Vacation



## Welcome New Members!

compiled by Diane Peterson

We are happy to announce our newest club members:

- ◆ Anna Walther of Holliston, MA
- ◆ Andrea Rothman and Wayne Simpson of Marlborough, MA

We look forward to seeing you out on a trail soon!



**Do you have a volksmarching travel story or favorite walk memory to share?** Send it to [footnotes.editor@gmail.com](mailto:footnotes.editor@gmail.com) for possible publication in a future edition of **Footnotes**.

# Walk Coordinator Speaks

by Beate Hait

**Weston, MA, April 25** — On this sunny day, the start/finish tables were set up outside the Weston Public Library where 33 participants registered for this event that included walking on the Mass Central Rail Trail and through woods and neighborhoods in Weston. Many thanks to Marianne Marshall for planning and organizing this walk with assistance of our wonderful volunteers [Editor: see page 2].

**North East Region Revolutionary Weekend – May 17–20** — Sunny skies and warm temperatures – almost too warm! – made for a fun extended weekend with 130+ volkswalkers from 22 states and all 10 AVA regions participating in walks in Johnstown, Crown Point, Ticonderoga, Lake George, Schulyerville, and Round Lake, NY. Thank you to Empire State Capital Volkssporters (ESCV) for hosting this regional get-together/AVA 50th Anniversary Signature Event that included a Meet & Greet in the outdoor lakeside Cabana and a dinner in the banquet room of The Georgian Resort overlooking Lake George.

It was interesting to learn about Revolutionary War era happenings that occurred in many of the featured walk events. Ask me, and I'll be happy to share some stories.

**North East Region Weekend 2028 in Rhode Island: Stroll with Trolls** — The big location reveal was made at the dinner in Lake George for the 2028 NE Region Weekend. There are five Dambo Troll sculptures in RI, and Mary Suchodolski and Ann Plichta are working on walk routes so we can see all of them. Dates TBD. [Editor: see flyer announcement page 3]

**Boston–Castle Island, Friday and Saturday, Aug. 28 & 29** — The idea for this walk started with Rob McDaniel, organizer of the Walking Waves AVA fundraising cruise leaving from Boston on Aug. 30, asking us if we could host pre-cruise walks in Boston and make this one of the Signature Events to celebrate AVA's 50th anniversary this year.

In addition to the walk route designed specifically for this event, Castle Island, and the three Boston YREs, there will be a Meet & Greet on Friday evening and a gathering on Saturday evening to eat the anniversary cake. Both social events will also offer the opportunity to play card games or board games with fellow volkssporters in the lobby of the Courtyard by Marriott, South Boston, the host hotel for this event.

With 73 people registered for the cruise, and ESCV bringing a busload of volkswalkers to do the walks on that Saturday, we expect over 150 people to attend in the course of the weekend. While registration is required for the two social events, and registration is highly encouraged for the walks (helpful to us to plan appropriately), in-person walk registrations for all four Boston walk routes will be available.

With staffing shifts (start, finish, checkpoints) to be filled over two days, including six leaders needed for the group walks of the Castle Island routes (6K, 7K and 11K) at 9:30 a.m. on both Friday and Saturday, more people than usual will be needed. **PLEASE CONTACT ME NOW** to let me know you are available to support the club by volunteering at this major event. Free parking is available behind the hotel, which is also a 10-minute walk from the Andrew T station on the Red Line.

If you would like to “play tourist” and stay overnight at one of the three hotels offering a discount rate arranged by AVA's Walking Waves for AVA's 50th Anniversary Celebration Walks in Boston, please see the brochure on our website for hotel reservation sites: [walknmass.org](http://walknmass.org)

There are 3 hotels all located near one another adjacent to the South Bay Center Mall: Courtyard by Marriott-South Boston, Holiday Inn Express, or Home2 Suites. **The group rate is valid for reservations made prior to July 26.**