

ACKNOWLEDGEMENTS: We appreciate the assistance of church secretary Paula Colburn in coordinating the start location. Photos of Chuck Lipson courtesy of Beate Hait. Thanks also to the walk participants who helped staff posts, brought food to share, and/or walked the route!

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish which is also a Checkpoint.

REFRESHMENTS: Water and hard candy are provided at the Start/Finish and Checkpoints. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



ADDITIONAL INFORMATION:

Beate Hait	Bev Lange
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DIRECTIONS:

From I-495:

1. Take Exit 48, Rt. 109 (Milford/Medway) and at end of ramp turn toward Medway (Rt. 109 East).
2. At traffic light, (Dunkin' Donuts on corner) **LEFT** onto Rt. 126 North for 2.5 miles to intersection with Rt. 16.
3. **RIGHT** on Rt. 126/16 to downtown Holliston. Rt. 16 is Washington Street in Holliston.
4. **LEFT** on Jasper Hill Road between the First Congregational Church & Holliston Town Hall.

From Route 128/I-95:

1. Take Rt. 16 West for approximately 14 miles, passing through Wellesley, Natick and Sherborn then into Holliston.
2. ****As you enter downtown, RIGHT** on Jasper Hill Road between Holliston Town Hall and First Congregational Church.

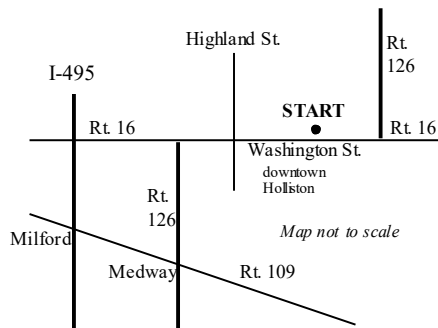
From Mass Pike (I-90) Westbound:

1. Take Exit 117 (Rt. 30/Speen Street, Framingham and Natick). Take **right-hand ramp** and follow Rt. 30 West for 1 mile, passing Shoppers' World.
2. **LEFT** onto Rt. 126 South and continue approximately 7 miles passing through downtown Framingham and part of Ashland.
3. **RIGHT** at traffic light intersection with Rt. 16 (Washington Street) in Holliston.
4. Follow from ****** above.

From Mass Pike (I-90) Eastbound:

1. Take I-495 South exit and follow as above.

PARKING: In circular driveway in front of church, in the lot behind Town Hall or along Washington Street.



Holliston

Massachusetts

Walk followed by Soup Social

5km and 10km routes



sponsored by
Walk 'n Mass Volkssport Club
www.walknmass.org

AVA Special Programs: A-MAZE-ing Labyrinths,
Anniversaries Hurrah, Par-For-The-Course,
Rails to Trails, Step to the Beat,
Walking with America's Veterans

Chuck Lipson Memorial Walk



Saturday, March 28, 2026

10km Start: 9:00-10:00 a.m.

5km Start: 10:15-11:00 a.m.



Event Number: NE 26/131768



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes in Holliston, MA. After walking, please stay for the Soup Social provided by, and for, the walk participants. The soup social will begin at noon.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished at your own pace along a marked 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed on the trail and clean-up laws apply, however pets are not permitted inside the dining hall.

START/FINISH:

First Congregational Church
725 Washington Street
Holliston, MA 01746

REGISTRATION/START TIMES:

Saturday, March 28, 2026

10km walkers: 9:00-10:00 a.m.

5km walkers: 10:15-11:00 a.m.

FINISH TIME: by noon.

The walk times are staggered so that walkers will finish shortly prior to noon when the soups are served. If you do not wish to stay for soup, you are nonetheless invited to join the walk event and start anytime between 9:00 and 11:00 a.m.

PARTICIPATION FEES: Participation fee is \$4.00 per person. Ask us about the IVV achievement program!

REGISTRATION PROCEDURE: Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at a checkpoint along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

AWARD: B awards from prior Holliston events available on first-come basis for \$5 which includes participation fee & IVV credit.

TRAIL DESCRIPTIONS: The 10km distance is comprised of two 5km loops. The first loop is mostly on flat, paved surfaces, with a portion on the stone-dust path of the Upper Charles River Rail Trail. This loop heads east on sidewalks before looping back on the rail trail, over the 8-arch Bogastow Brook Viaduct, past Blair Square, under the 1-arch railroad bridge and into the Mudville neighborhood. A tribute to Casey at the Bat and Rita's Labyrinth will be seen here before heading through downtown Holliston and past Fiske's General Store (store with almost everything) to the finish of the first loop.

The second 5km portion passes The Superette in downtown Holliston, historic homes dating to early 19th century, and also the Mudville neighborhood before reaching Pleasure Point Beach on Lake Winthrop.

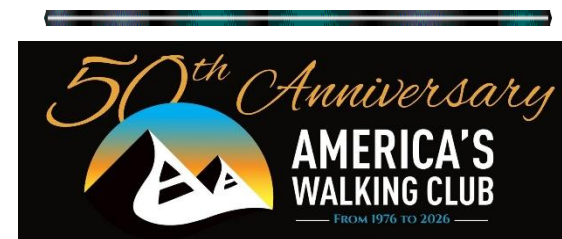
This walk route is rated 1A, mostly on paved surfaces with a few slight inclines and would be suitable for baby strollers, but difficult for wheelchairs due to some missing curb cuts.

Soup Social

With soup being served at noon, you are invited to join fellow walkers for this social gathering that kicks off the Walk 'n Mass walking season. If you would like to contribute an appetizer, soup, bread, or dessert (**no nuts** as our host location is a **nut-free facility**), please notify Mary Frink at mfwalks2010@verizon.net or 617-387-1577 to indicate what you are planning to bring. Note that it is not necessary to come with anything other than your smiling face, an appetite, and perhaps your favorite soup bowl and spoon. Beverages and paper goods will be provided.



Honoring Chuck: This is a memorial walk for Chuck Lipson, a long-time walker, volunteer, and club member who died in 2021. From 1995 through 2019, Chuck was an active member of Walk 'n Mass Volkssport Club, a steadfast helper at our soup walks as well as other events with food and merriment. Along with his wife, Chris (also pictured above, who is still an active Walk 'n Mass member), Chuck planned many walking events in Bedford, Carlisle, Lynn Woods, and Concord, and helped in many capacities at over 24 other events. Behind the scenes, Chuck served as membership chair for 23 years. With a sociable smile, he kept soups stirred and food ready to serve at numerous club soup walks, potluck events, and parties.



AVA 50th Anniversary Events in Northeast Region

**Northeast Region Weekend: May 16-20, 2026
hosted by Empire State Capital Volkssporters**

Registration open now: escvwalks.org

**AVA 50th Anniversary Walk in Boston:
August 28-29, 2026 hosted by Walk 'n Mass**

Details to be announced soon, see our website:
walknmass.org